## **B**<sub>12</sub>/**Folate Plus**<sup>™</sup> Product # 1175 100 Capsules

## **Supplement Facts**

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	30 mg	50%
Folate (as calcium folinate)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	4 mcg	67%
Spanish Moss (Tillandsia usneoides) (whole plant)	250 mg	*
Superoxide Dismutase (from vegetable culture †)	15 mcg	*
Catalase (from vegetable culture †)	15 mcg	*
* Daily Value not established		

Other ingredients: Capsule shell (gelatin and water) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors

Substance with hair-like appearance is actually Spanish moss fibers.

## This product is gluten and dairy free.

RECOMMENDATION: One (1) capsule three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Caution: Not recommended for pregnant or lactating women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

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