



FiberMax™

Advanced Daily Fiber Formula for Sensitive Colons*

- 100% Organic Flax Fiber
- Probiotics, FOS & L-glutamine
- Relieves Occasional Irritable Bowel*
- Helps Prevent Gas & Bloating*
- Promotes Regularity*
- Psyllium- and Gluten-Free
- All Natural, No Added Fillers

FiberMax is a convenient daily fiber supplement made with organic flax and guar fibers and specially formulated for those with sensitive colons.*

FiberMax helps to nourish the digestive tract with L-glutamine, an amino acid used by the digestive tract cells as a fuel source.*

FiberMax also helps to maintain a healthy bacterial balance in the small and large intestines with live probiotics and FOS in every serving.*

FiberMax is not just fiber—it is fortified with additional ingredients beneficial to digestive health!*

FiberMax - Powder (8oz. or 12oz.)

Supplement Facts

Serving Size: 1 Scoop (7.5g)

	Amount per Serving	%DV**
Calories	25	
Calories from fat	5	
Total Fat	0.5 g	1%
Total Carbohydrate	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	1 g	***
Insoluble Fiber	2 g	***
Protein	2 g	4%
FiberMax Blend	7,500 mg	
Organic Flax seed (Linum usitatissimum)	***	
Guar Gum seed (Cyamopsis tetragonolobus)	***	
L-Glutamine	***	
FOS (Fructooligosaccharide)	***	
Probiotic Blend		
(L.acidophilus, B.bifidum, B.infantis) 900 million CFU†	***	
Fennel seed (Foeniculum vulgare)	***	
Marshmallow root (Althaea officinalis)	***	
Slippery Elm bark (Ulmus rubra)	***	
Triphala (Blend of Amalaki, Bibhitaki and Haritaki)	***	
Stevia Extract leaf	***	

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established †At time of manufacture
Not a significant source of saturated fat or cholesterol.

Other Ingredients: None

This product may contain mild traces of milk proteins from fermentation ingredients.

Directions: Take one scoop in 8 ounces of purified water in the morning. May be repeated at midday and in the evening. **Drink plenty of purified water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.

FiberMax - Capsules (120-ct. or 200-ct.)

Supplement Facts

Serving Size: 4 Capsules

	Amount per Serving	%DV**
Calories	15	
Total Carbohydrate	2 g	1%
Dietary Fiber	1 g	4%
Soluble Fiber	.25 g	***
Insoluble Fiber	.75 g	***
Protein	1 g	2%
FiberMax Blend	3,200 mg	
Organic Flax seed (Linum usitatissimum)	***	
L-Glutamine	***	
Guar Gum seed (Cyamopsis tetragonolobus)	***	
FOS (Fructooligosaccharide)	***	
Probiotic Blend		
(L.acidophilus, B.bifidum, B.infantis) 400 million CFU†	***	
Fennel seed (Foeniculum vulgare)	***	
Marshmallow root (Althaea officinalis)	***	
Slippery Elm bark (Ulmus rubra)	***	
Triphala (Blend of Amalaki, Bibhitaki and Haritaki)	***	

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established

† At time of manufacture

Other Ingredients: Vegetable capsule (vegetable fiber and water)
This product may contain mild traces of milk proteins from fermentation ingredients.

Directions: Take 4 capsules in the morning with 8 ounces of purified water. May be repeated at midday and in the evening. **Drink plenty of purified water while using this product.**

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Using this supplement without at least a full glass of liquid may cause choking. Do not use this supplement if you have difficulty in swallowing, acute cough or obstructed bowel.



FiberMax was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in digestive care.



8oz.



12oz.



120-ct.



200-ct.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Advanced  **Naturals**
Natural Digestive Care

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