



# ORGANIC Fiber-Clear™

## Clear-Mixing Daily Fiber Supplement

- 100% Natural Acacia Fiber
- Dissolves in Liquids & Soft Foods
- Flavor-free, Grit-free, Psyllium-free
- Helps Maintain Healthy Cholesterol\*
- Supports Normal Blood Sugar\*
- Helps Remove Toxins\*
- 5 Grams Fiber per Serving
- No Fillers or Binders

**Organic Fiber-Clear** is a natural source of dietary fiber that helps provide the 25-35 grams of daily fiber that many experts recommend. Made with only 100% organic acacia (a soluble fiber), it dissolves in liquids and soft foods for a convenient fiber boost anytime.\* Plus, Organic Fiber-Clear is perfect for cooking and baking!

Whenever you want to increase your fiber intake, simply stir Organic Fiber-Clear into a glass of water or your favorite beverage, or sprinkle it into soups, stews, pasta sauces and more! The convenient fiber supplement won't thicken or become gritty like some other products, and you can add it to any food without altering the original texture or flavor.



Organic Fiber-Clear was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in internal cleansing and detoxification.

### Supplement Facts

Serving Size: 1 Level Tablespoon (5.6 grams)  
Servings per Container: Approx. 50

	Amount per Serving	%DV**
Calories	10	
Total Carbohydrate	5 g	2%
Dietary Fiber	5 g	20%
Soluble Fiber	5 g	***
Organic Acacia Fiber	5.6 g	***

\*\* Percent Daily Values (DV) are based upon a 2,000 calorie diet.  
\*\*\* Daily Value not established

Ingredient: 100% organic acacia (soluble fiber)

**Directions:** For best results, mix one level tablespoon (5.6g or approximately 5 shakes) into 6 to 8 ounces of liquid or soft food up to 3 times daily. Stir until dissolved. Organic Fiber-Clear dissolves best in liquids that are room temperature or warmer.

Not recommended for carbonated beverages.

**WARNING:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** Do not consume this fiber supplement if you have difficulty swallowing. Do not use if you have acute cough, acute diarrhea or obstructed bowel.



\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.