

# IntestiMax

# Natural Ingredients Used Traditionally to Support a Healthy Intestinal Lining\*

- Helps Strengthen & Support the Protective Intestinal Lining\*
- Contains L-Glutamine, N-Acetyl D-Glucosamine, Gamma Oryzanol & Soothing Herbs
- Promotes Healthy Digestion & Nutrient Absorption\*
- Promotes Intestinal Cell Health\*
- Provides Powerful Antioxidant Support\*
- No Fillers or Binders

**IntestiMax** is a natural L-glutamine supplement with N-acetyl D-glucosamine and soothing herbs to support the integrity and healthy function of the intestinal lining.\* It also includes gamma oryzanol—a natural extract of rice bran oil, which has been shown to enforce antioxidant effects in the digestive tract.\*

## What is the Intestinal Lining?

The digestive tract consists of the mouth, esophagus, stomach and intestines. It serves as a place for food breakdown and nutrient absorption to take place. The intestinal lining is a thin mucosal membrane that lines the small and large intestines. This delicate lining is semipermeable; this means the membrane allows nutrients into the bloodstream and keeps toxins, pathogens, and undigested food out. When toxins enter the bloodstream, many health conditions may occur.

### The Importance of a Healthy Intestinal Lining

The intestinal lining serves many functions. Three of the most critical are:

- 1) Helps to continue the digestion process after the food you consumed leaves the stomach.
- 2) Assists with the absorption of nutrients from food; this part of the digestion process occurs in the small intestine after food leaves the stomach.
- 3) Helps to prevent harmful bacteria and undigested food from entering the bloodstream.

The intestinal lining is like the skin, in that it sloughs off a layer of cells naturally every 3-5 days and produces new cells to keep the lining semipermeable. To keep new cells continually growing, the amino acid L-Glutamine is the primary fuel for this process. When functioning properly, the body converts L-glutamine into N-acetyl D-glucosamine, an amino sugar found in all tissues of the body. Much of the intestinal lining is composed of N-acetyl D-glucosamine, which helps hold the cells of the intestinal lining together.





IntestiMax was formulated by Brenda Watson, C.N.C., president of Advanced Naturals and the founder of natural healthcare clinics specializing in digestive care.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### IntestiMax - Capsules

Supplem			
Serving Size: 2 Capsules	Servings per Container: 45		
Amount per Serving %DV**			
L-Glutamine (free form)	835 mg **	*	
N-Acetyl D-Glucosamine	35 mg **	*	
Gamma Oryzanol	20 mg **	*	
Proprietary Herbal Blend 10 mg			
Proprietary Herbal Blend	I 10 mg		
Proprietary Herbal Blence Cranesbill root (Geraniu	U	*	
	n maculatum) **		
Cranesbill root (Geraniu	m maculatum) *** icinale) ***	*	
Cranesbill root (Geraniu Ginger root (Zingiber off	m maculatum) *** icinale) *** ula officinalis) **	*	

Other Ingredients: Vegetable capsule (vegetable fiber and water) Directions: Take 2 capsules in the morning on an empty stomach. May be repeated in the evening. May take up to 12 capsules daily.

#### IntestiMax - Powder

Suppleme	nt Fa	acts
Serving Size: 1 Level Scoop (5.4 gm)	Servings per Cont	
	Amount per Ser	ving %DV**
Calories	21	
Protein	5	g 10%
L-Glutamine (free form)	5,000	mg ***
N-Acetyl D-Glucosamine	200	mg ***
Gamma Oryzanol	125	mg ***
Proprietary Herbal Blend	75	
Cranesbill root (Geranium maculatum	1)	***
Ginger root (Zingiber officinale)		***
Marigold flower (Calendula officinalis	i)	***
Marshmallow root (Althaea officinalis	i)	***
** Percent Daily Values (DV) are based of *** Daily Value not established	n a 2,000 calorie d	diet.

Other Ingredients: None.

**Directions:** Take 1 scoop mixed in 8 ounces of purified water in the morning. May be repeated in the evening.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition.

#### For both:

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These products contain an ingredient derived from crustacean shells (shrimp, lobster, crab).